



Conservas (Hecho En Casa)



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Conservas (Hecho En Casa)

Dick Strawbridge MBE

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Helping you make the most of plentiful seasonal produce and enjoy it all year round, this book is a how-to guide to preserving fruits and vegetables, featuring step-by-step practical instructions, tips and advice on what to preserve when, and recipes to make your mouth water. Learn not only how to preserve good quality produce, but also how to cook with it to create fantastic dishes every time. Featured items include strawberry leather, sweet corn and pepper relish, honeyed figs with lamb and goat's cheese crostini, sauerkraut, piccalilli, and the perfect Bloody Mary.

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176 pages

About the Author

Dick and James Strawbridge are a father-son team that runs Newhouse Farm, a three-acre smallholding in Cornwall, England. The BBC's "It's Not Easy Being Green" documented the Strawbridge family's move from a comfortable home in the Midlands to Newhouse Farm. Dick is an engineer, an inventor, a sustainability expert, and a TV presenter. He is a regular host of C4's "Scrapheap Challenge," contributes frequently to "Coast" on the BBC, and finished in second place on the BBC's "Celebrity Masterchef." He is the author of "It's Not Easy Being Green." James is a chef, a sustainable living expert, and the cofounder of Posh Pasty Company. Together with his father, he hosts ITV1's "The Hungry Sailors" and "Saturday Farm." They are the coauthors of "Practical Self-Sufficiency."

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